

Lighting of the Candles  
Peace of the Lord be with you



And also with you

# Welcome Words

We have gathered in the name of  
God the Father, Son and Holy Spirit  
to worship together and think about  
our value of  
**HUMILITY**



# HUMILITY



For those who make themselves great will be humbled, and those who humble themselves will be made great.

(Luke 18:14)

And the servants of (Allah) Most Gracious are those who walk on the earth in humility, and when the ignorant address them, they say, "Peace!"

Qur'an 25:63

Humility is.....

Humbly helping others

Understanding other people's problems

Making unselfish decisions

Influencing others

Loving others

I put other people before me

Together everyone achieves more

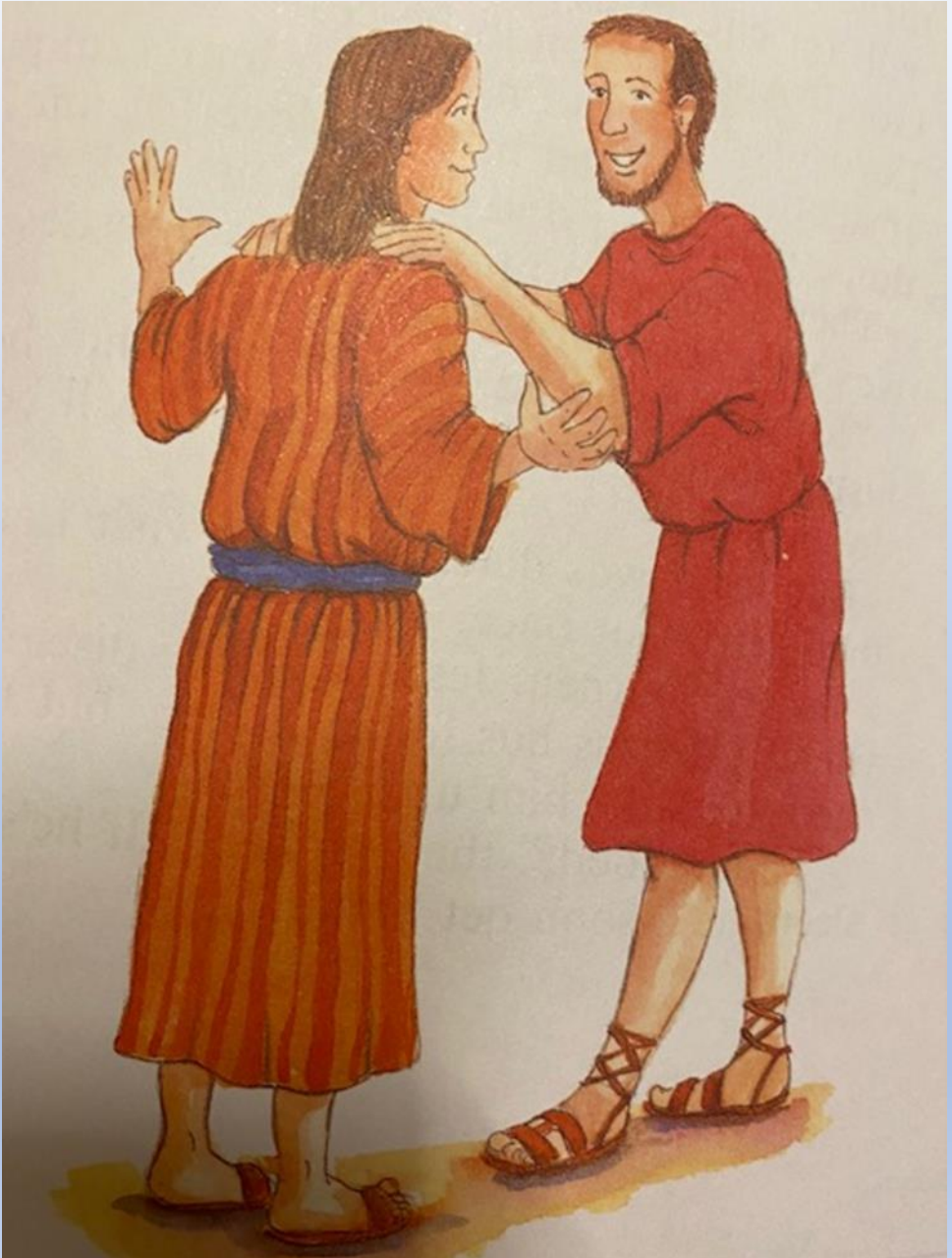
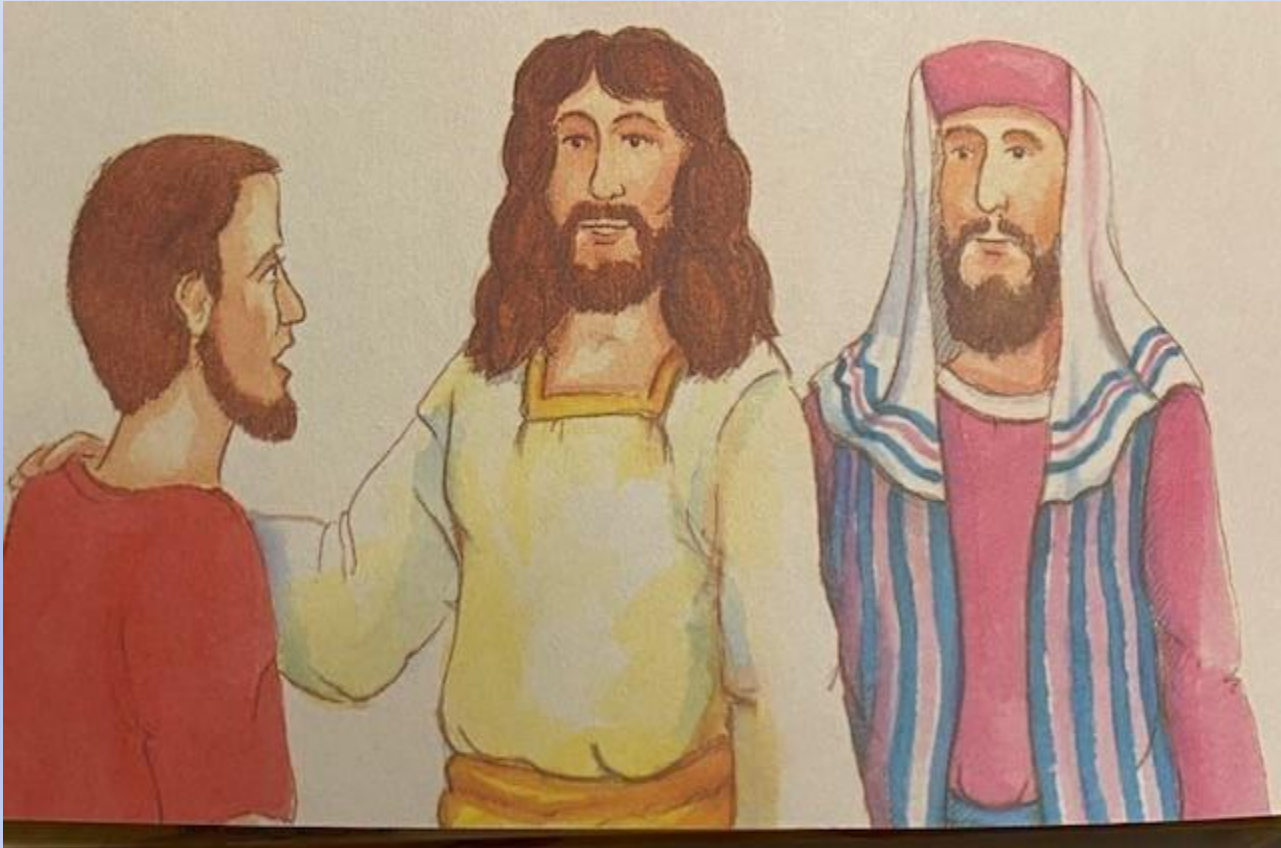
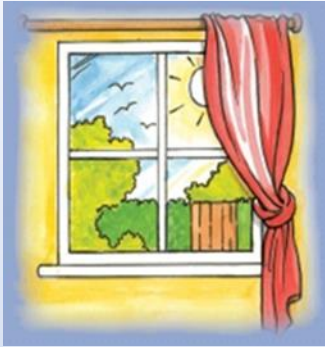
You first, me last



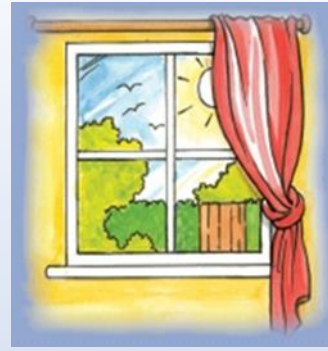
A Soldier's Faith -  
Jesus heals the  
Centurion's servant







What would happen if...



You are going somewhere new and you don't know how to get there - *and you don't ask for help?*

You don't understand your work in school - *and you don't ask for help?*

You get a new game and you don't know how to play it - *and you don't ask for help?*

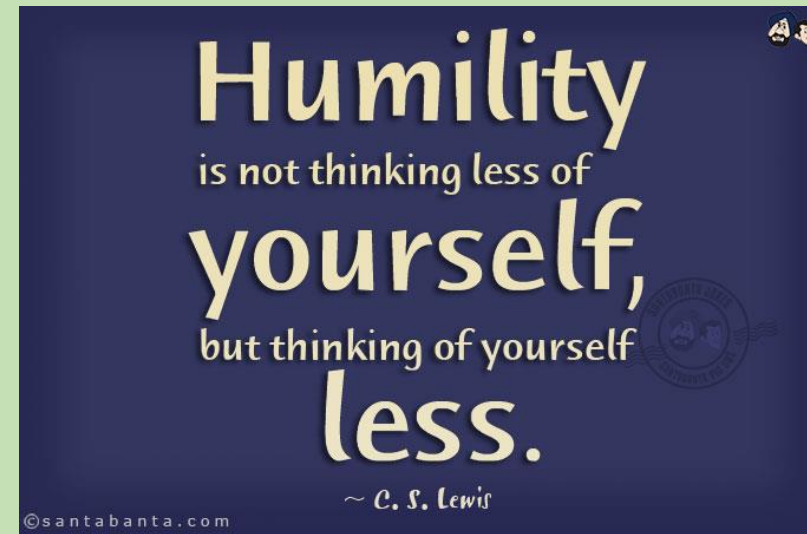
You fall out with your friends and you don't know how to sort out the problem - *and you don't ask for help?*

.....

# Reflection



Don't let pride stop you from asking for help



Sometimes we need to be humble enough to know we need others to help us and to ask in the right way





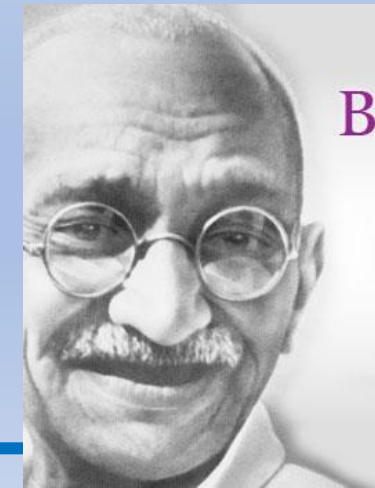
# Humility: Reflection



*Jesus said:*

*'Happy are those who know they need God; heaven shall be theirs' (Matthew 5.3).*

*Through our prayers God hears us and helps us*



*Be the change  
you want  
to see  
in the world*

*-Mahatma Gandhi*

# Prayer



Loving God,

Help us to remember that we can be everything you want us to be, just by being ourselves and not trying to be better than everyone else.

Help us to ask for help when we need it and to accept help from others willingly.

Amen.

# Individual Prayers

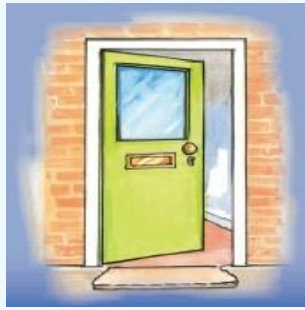
Dear God .....

.....In Jesus name, Amen





# Response and Challenge



Sometimes we worry what other people will think of us and it stops us asking for help or offering help. Think about what you need help with and how you might ask for it.

Write a note or a prayer asking for the help you need.



On Friday wear blue and yellow to help think about the refugees who are fleeing from the war.

Write a prayer with your family and bring a small donation to help the families having to leave their homes and country.

PRAY  
FOR  
UKRAINE





Blowing out the Candles

Peace of the Lord be with you



And also with you

*May the grace of our Lord  
Jesus Christ,*

*And the love of God,*

*And the fellowship of the Holy  
Spirit,*

*Be with us all, evermore. Amen*