

## Free school meals for all children in reception, year 1 & 2

All children in reception and years 1 and 2 are entitled to free meals as part of the Government's new Universal Infant Free School Meal. This is worth up to £418 per year per child - please talk to your child's school for more details.

## Can I claim free school meals for my older children?

**YES!** If you receive specific benefits or have a household income below the Government threshold, register your entitlement on the Government website. A full list of free school meal entitlement can be found at: [www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)

## Special diets and allergies

Any pupil that has a special dietary requirements or with a medically diagnosed food intolerance or allergy, please contact your school admin office immediately. It is our policy to provide a catering service for all pupils with medically-diagnosed food allergies, food intolerances or a medical condition which affects their eating.

## Food miles...

We are actively reducing our carbon footprint and we are proud to be using local suppliers to cut down on our food miles. We always consider where the food we put on the plates comes from and how it was produced.



## Special theme days

Look out for our special menus throughout the year, multi-cultural celebrations, national days and events, and menus to link in with the curriculum.



If you would like your child to start receiving a school meal, simply contact the main office at your child's school

# Feeding our future

## Spring and summer menus 2024



**Tameside**  
Metropolitan Borough  
Tameside school lunches

**ROBERTSON**

# Spring and summer 2024

We are committed to educating, promoting and encouraging the benefits of a healthy, nutritious balanced diet now and the future. The UK School Foods Standards covers all food served within the school day. All our meals are freshly prepared on site daily by our dedicated catering team.

## Week 1



### Monday

Sausages with gravy  
Quorn meatballs in tomato sauce  
Sandwich of the day  
Jacket potato with choice of filling  
Vanilla sponge and custard  
Fresh fruit, yogurt  
Creamed potatoes, spaghetti, sweetcorn, cabbage

### Tuesday

Chicken tikka  
Pizza wrap  
Sandwich of the day  
Jacket potato with choice of filling  
Fruity flapjack  
Fresh fruit, yogurt, cheese and biscuits  
Savoury rice, jacket wedges, sweetcorn. Peas and various salad

### Wednesday

Roast chicken with gravy  
Macaroni cheese  
Sandwich of the day  
Jacket potato with choice of filling  
Homemade biscuit with orange wedge  
Fresh fruit, yogurt, cheese and biscuits  
Baked new potatoes, broccoli, parsnips and various salad

### Thursday

Chicken biriyani  
Brunch bap with omelette and vegetarian sausage  
Sandwich of the day  
Jacket potato with choice of filling  
Ice cream tub  
Fresh fruit, yogurt  
Spaghetti, creamed potatoes, sweetcorn, baked beans

### Friday

Fish Friday  
Quorn dippers  
Sandwich of the day  
Jacket potato with choice of filling  
Fruit muffin  
Fresh fruit, yogurt  
Chips, new potatoes, mushy peas, baked beans

## Week 2



### Monday

Beefburger  
Quorn tikka curry with rice  
Sandwich of the day  
Jacket potato with choice of filling  
Lemon sponge and custard  
Fresh fruit, yogurt  
Noodles, rice, sweetcorn, carrots

### Tuesday

Homemade lasagne  
Cheese whirl  
Sandwich of the day  
Jacket potato with choice of filling  
Fruit jelly  
Fresh fruit, yogurt, cheese and biscuits  
Creamed potatoes, baked beans, cabbage

### Wednesday

Roast chicken, stuffing and gravy  
Pizza wrap  
Sandwich of the day  
Jacket potato with choice of filling  
Homemade biscuit and orange slice  
Fresh fruit, yogurt  
New potatoes, baked jacket wedges, peas, sweetcorn and parsnips

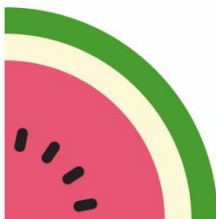
### Thursday

Spaghetti bolognese  
Vegetarian sausage  
Sandwich of the day  
Jacket potato with choice of filling  
Ice cream with peaches  
Fresh fruit, yogurt, cheese and biscuits  
Pasta, jacket wedges, cauliflower, green beans

### Friday

Fish Friday  
Spring roll  
Sandwich of the day  
Jacket potato with choice of filling  
Chocolate brownie  
Fresh fruit, yogurt  
Chips, noodles, garden peas, baked beans

## Week 3



### Monday

Spaghetti bolognese  
Cheese and tomato pizza  
Sandwich of the day  
Jacket potato with choice of filling  
Chocolate sponge and custard  
Fresh fruit, yogurt, cheese and biscuits  
Spaghetti, half jacket potato, sweetcorn, baked beans

### Tuesday

Chilli and rice burrito  
Quorn lasagne  
Sandwich of the day  
Jacket potato with choice of filling  
Arctic roll  
Fresh fruit, yogurt  
Noodles, carrots, green beans, salad

### Wednesday

Roast chicken with gravy  
Cheese whirl  
Sandwich of the day  
Jacket potato with choice of filling  
Raspberry bun  
Fresh fruit, yogurt, cheese and biscuits  
New potatoes, mashed potatoes, carrots, parsnips

### Thursday

Baked sausages  
Quorn tikka curry  
Sandwich of the day  
Jacket potato with choice of filling  
Angel delight  
Fresh fruit, yogurt  
Boiled rice, Mashed potatoes, broccoli florets, sweetcorn

### Friday

Fish Friday  
Vegetarian sausage roll  
Sandwich of the day  
Jacket potato with choice of filling  
Krispie cake and orange slice  
Fresh fruit, yogurt  
Chips, pasta, mushy peas, baked beans.

**AVAILABLE DAILY** - Assorted yogurts, chopped fresh fruit, fresh wholemeal bread, salad pots and lots of fresh water. **ALLERGY ADVICE** - All our food is prepared in a kitchen where traces of nuts, gluten and other ingredients are present and our menu descriptions do not include all ingredients. If you have an allergy, please let us know before ordering. Full allergen information is available from your school. (V) Suitable for vegetarian or vegetarian option available. Our fish and chicken dishes may contain bones. All items on the menu are subject to availability and may be changed without prior notice to a suitable alternative.

\*Any **FISH** we serve will vary depending on availability. We only select **FISH** from sustainable sources.

