

**Diversity
Matters**

North West

What we offer

Our Activities
July– Sept'23



Diversity Matters North West
Hyde Healthy Living Centre
20 Great Norbury St
Hyde
SK14 1BR

Company Registration No. 6442869
Charity Registration No. 1125544

www.diversitymattersnw.org.uk

T: 0161 368 3268

Mon-Thu 9:30 to 4 / Fri 10-3

We speak: Bengali, Urdu, Punjabi, Hindi

 /DiversityMNW

 /diversity_matters_north_west

 @DiversityMNW

Our activities are supported and funded by different commissioners and grants

Support projects

Supporting the local Food Bank

Hyde Food Bank is open on Wednesdays 11-12:30pm at Hyde Methodist Church, Crook Street, Hyde, SK14 1NQ. Donations can be dropped off at Hyde Methodist Church on Wednesdays from 11am-2pm. For a food bank referral please contact the center on 0161 368 3268.

The Peer Mentoring Project

Providing help for South Asian women who are in crisis and need one-to-one support. Access opportunities to reduce isolation, experience learning opportunities and social activities, awareness sessions and information from local services. For more information, or want to volunteer, please contact: Nisma: 07549956567 / nisma@diversitymattersnw.org.uk or Mahmuda: 07562686183 / mahmuda@diversitymattersnw.org.uk

Women's Basic skills training & employment project

Project for women who are seeking help and support with getting employment ready. We offer basic skills training such as ESOL, IT, confidence building, and CV support. For more information or to register, please contact: Hasina: 07591572844 / hasina@diversitymattersnw.org.uk

Health and Wellbeing Project

Health and wellbeing support for minority ethnic communities of Tameside. Please come and join us for exciting opportunities. Where you can get help and support for better your health and well being and successfully overcome difficulties and achieve your goal in life, in a safe environment.

“Your health and wellbeing should be your priority, nothing else is more important”

For more information, please contact Shibley: 07946329099 / rilly@diversitymattersnw.org.uk

Women Matters Project

To help Bangladeshi women in Hyde to overcome loneliness and isolation post pandemic. We run weekly creative sessions including movie days, health talks and plan half term intergenerational family fun activities. If you would like to join or want to volunteer for this project, please contact Shibley: 07946329099 / rilly@diversitymattersnw.org.uk

Join in for free

Monday

Access Support Service Drop in (Term-time only)

Time: 10am-1:30pm. **Place:** Hyde Healthy Living Centre. If English is not your first language and you're struggling to make appointment / access other services, come to our drop-in session for support. For more information, contact Nisma: 07549956567 / nisma@diversitymattersnw.org.uk or Mahmuda: 07562686183 / mahmuda@diversitymattersnw.org.uk

Tuesday

Tea & Talk, Hyde (Women Only)

Time: 9-11 am. **Dates:** 18th July & 19th September. **Place:** Greenfield Primary School, Hyde. A chance to talk to others and find out about local services. For more information, please contact: Nisma: 07549956567 / nisma@diversitymattersnw.org.uk or Mahmuda: 07562686183 / mahmuda@diversitymattersnw.org.uk

Health Walk & Talk (Women Only)

Time: 9.25am. **Place:** Hyde Healthy Living Centre, 20 Great Norbury Street, Hyde, SK14 1BR. For more information contact Shibley: 07946329099 / rilly@diversitymattersnw.org.uk

Kreative Kraftz (Women Only)

Time: 4:30-6pm every week (term time) **Place:** Hyde Healthy Living Centre. Sessions include learning to knit, crochet, dress making / sewing, collage/frame making, mehndi, platter/canvas/candle decorating, hijab styling and other creative skills. For details contact Nisma: 07549956567 / nisma@diversitymattersnw.org.uk

Wednesday

Community Learning Hub (Women Only)

Time: 10am-12pm. **Place:** Hyde Healthy Living Centre, 20 Great Norbury St., SK14 1BR. Drop in to use our community laptop and get digital or employment support from our Learning Mentors. For more information, please contactnHasina: 07591572844 / hasina@diversitymattersnw.org.uk

Chayer Adda (Men Only)

Time: 12-2pm. Come along to our Chayer Adda for freshly homemade chai and nastha. Meet new people and engage in wellbeing activities, games and talks. For more information contact Shibley: 07946329099 / rilly@diversitymattersnw.org.uk

Join in *cont.*

Thursday

Women Matters Hub

Time: 10-11:30am. **Place:** Hyde Central Methodist Church. Come along and join us in our craft activities, make new friends and engage in weekly wellbeing talks. Term time only. For more details, please contact Shibley 07946329099 / rilly@diversitymattersnw.org.uk

Coming soon...

Training (Women Only)

If you are interested to join conversational ESOL, introduction to volunteering, travel training, confidence building training, health and safety and adult safeguarding e-learning Level 2 please contact Hasina: 07591572844 / hasina@diversitymattersnw.org.uk

Conversational ESOL (Women Only)

Starting in September. To register and for more information contact Hasina: 07591572844 / hasina@diversitymattersnw.org.uk

Volunteering Opportunities

Peer Mentors: Can you write & speak English + speak Urdu or Punjabi or Bangla? We need volunteers. Training will be given. Please contact: Nisma- 07549956567/ nisma@diversitymattersnw.org.uk or Mahmuda: 07562686183 / mahmuda@diversitymattersnw.org.uk

Women's Matters Hub: Do you have spare time? Would like to help the community? If you are interested, please contact: Shibley 07946329099 / rilly@diversitymattersnw.org.uk

Learning Mentor & Project Support Volunteer: Would you like to join our women's' skills and employment project and want to help women on their learning journeys for future employment. Please contact Hasina- 07591572844 / hasina@diversitymattersnw.org.uk

Health & Wellbeing Volunteer: Do you enjoy meeting new people? Then get involved in our Health and Wellbeing project. We are looking for male volunteers who can assist us in our Chayer Adda session. Please contact: Shibley- 07946329099 / rilly@diversitymattersnw.org.uk



Remember to follow us on social media where we post pictures and videos from our projects. Up-to-date times and dates for activities can also be found there.



Please note: Dates and locations are subject to change. For more details, please ring us.
